

NO LIMITS VOLLEYBALL CLUB

Player/Parent Guidelines

Mission

It is the mission of No Limits Volleyball Club to provide a positive, competitive youth volleyball experience for player, parent and coach. We emphasize long-term player development of physical, emotional and social skills. While winning is a major priority in club volleyball, winning will not be placed above good sportsmanship (defined as respecting rules and procedures set forth below, teammates, coaches, officials, opponents and one's self). It is our goal to create an environment that will benefit the individual as well as the team. Your daughter has joined an elite, competitive volleyball program. Competitive team athletics, by its very nature, creates situations where everyone may not be happy all the time. Team success is intimately linked to individual success. Each player will fill a necessary role on the team. Although some roles are larger than others, none are insignificant to the overall success of the team. Coaches will discuss and define each role with the individual. Players are encouraged to use practices as an avenue for further developing their skills and expanding their role on the team. Players and parents must understand that the only desire of the coach is to assist the team in reaching its full potential. We can only achieve this by encouraging, acknowledging and supporting each other's efforts in practice, scrimmages and tournaments.

Expectations

This **Code of Conduct** is a written contract between parents, players and coaches to abide by the policies and procedures of No Limits Volleyball Club. We expect all parties to maintain a positive attitude and uphold the ideals of fair play and good sportsmanlike behavior. This contract is more than just paper, it is our policies and procedures and adherence to these policies and procedures is of primary importance. To participate in the 2018 season, all players and parents are required to agree to and sign this Code of Conduct.

Zero Tolerance Policy: No Limits Volleyball Club has adopted a Zero Tolerance Policy towards certain policies and procedures in the Code of Conduct. Failure to follow the Zero Tolerance Policies and procedures of the Code of Conduct will result in your daughter being dismissed from the club.

PARENT'S PLEDGE

We understand that it is our goal to provide positive support for our daughter, her teammates, her coaches, her opponents, officials and to No Limits Volleyball Club. We are fully committed to No Limits Volleyball Club and therefore will abide by the following policies and procedures.

GENERAL

- We will assist our daughter in meeting the policies and procedures as laid out in the Player's Contract Code of Conduct. We understand that if our daughter violates the Zero Tolerance policies and procedures in the Code of Conduct in any way, that she will be dismissed from No Limits Volleyball Club.
- We will assist our daughter in respecting her teammates, coaches, officials and opponents. We will be a fan of our daughter and her teammates, **not a coach or a critic.**
- We understand that our daughter must sign up to play with No Limits Volleyball Club with the Lone Star Region. We understand that this needs to be done immediately following her making the team and before the first practice. We understand that we must go to **www.ntrvolleyball.net** to sign her up. We understand failure to do so will keep her from playing with the club.
- We understand our daughter must be a certified scorekeeper and that she must go to a scorekeeping clinic or renew her membership if she was certified the previous year. We understand there are no exceptions to this requirement and that our daughter may not be able to play without completing this requirement. We understand available clinics are listed on **www.ntrvolleyball.net**. This should be done before the first or second tournament.
- We understand we will have to complete and turn in a **USAV Medical Release form** for the current club ball year. **NO OTHER MEDICAL RELEASE FORM WILL BE ACCEPTED AS THIS IS A USAV RULE.** We understand the release form is available at **www.ntrvolleyball.net** and should be turned into No Limits Volleyball Club during the first week of practice.
- **We understand that our daughter's tuition is not refundable if we choose not to participate, regardless of the reason. If we choose not to participate, but have not completed paying the tuition, we understand we will be responsible for the remainder of the tuition.**
- We understand that monthly payments are to be given to Director (Taylor Cooper) **Payments may also be given to the coach** so they can give it to a Director of No Limits Volleyball Club at practice before the due date. Payments can also be mailed.
- We understand that in addition to our daughter's tuition fees, we will be responsible for paying for all transportation to and from practices, scrimmages and tournaments and that we will also be responsible for hotel fees at overnight tournaments. We understand that these fees are in addition to our 2018 tuition and that they can be significant.
- We understand that if we have a sponsorship for our daughter, the sponsor must also pay the fees on time. If the sponsorship monies will not arrive on the 5th of each month, it is the parent's

responsibility to make the tuition payment and once the sponsorship monies arrive, the parent will be reimbursed.

- We understand that if our team qualifies for Nationals, there will be additional fees and expenses that will be assessed and determined at that time.
- We understand that any information that needs to be disseminated will be done so by our daughter's coach or the No Limits Volleyball Club Director.
- We will get our daughter to practice and tournaments on time (15 minutes prior for practice and 45 minutes prior for tournaments) and will pick her up on time. We understand that if our daughter is late, not ready on time, not in the appropriate attire, she will be disciplined by the coach, at the coach's discretion.
- We understand that if our daughter cannot come to a practice and/or tournament, the coach needs to be notified as soon as possible.
- If we bring other children to our daughter's practices and tournaments, we will not leave them unattended and we will ensure that they do not interfere with practices and/or the tournaments and that they remain quiet at all times.

ZERO TOLERANCE

- We will make all payments to No Limits Volleyball Club before or upon the due date of the 5th of each month. We understand that we will be charged a late fee of \$25.00 a day for each day past the due date. We understand that there will be no exceptions for late payments!
- We understand that team selections are made by the No Limits Volleyball Club coaches. We trust their judgment and will be supportive of our daughter and the team for which she was chosen.
- We understand that playing time is not guaranteed and is left solely to the discretion of the coach. We understand that we are paying for practice and that our daughter may not have any playing time at tournaments!
- We understand that issues surrounding playing time will be handled in the following manner **ONLY**. We understand there will be **NO EXCEPTIONS**. We understand if this chain of command is not followed, there will be no discussions regarding playing time.
 1. We understand our daughter must approach the coach first regarding issues concerning playing time. We understand this should be done before or after practices, **but NEVER before, during or immediately following a tournament. We will be using a 48 hour NO COMMUNICATION policy during tournament weekends. Parents and players will refrain from talking to coaches about issues until the Monday following a tournament.**

2. We understand that ONLY if our daughter has approached the coach first and there is still a concern, then the parent may request a meeting with the coach. We understand that we are not to email or telephone our daughter's coach or the Directors regarding playing time, but are to request a meeting with the coach. We understand this request for a meeting must be made before or after a practice and that the meeting will take place at another time or place as there will be no "walk-up" meetings with our daughter's coach. We understand it is always best for our daughter to address concerns directly to the coach, and that if we still wish to have a conference with the coach; we should be prepared for FRANK answers. We understand that coaches WILL NOT discuss "coaching decisions".
3. Coaching decisions will include, among other things, specific match decisions (who played when, who was subbed out and when, etc.). We understand the amount of time our daughter is given on the court is the result of a complex determination, in her coach's opinion, of our daughter's ability, the athlete's potential, the athlete's position and the team's needs at the moment and the team's needs for the future. We understand the coach will not be required to defend his/her thought process or conclusions in these determinations, and it is improper for a parent to make that request. In addition, we understand coaches have been instructed not to discuss any athlete with a parent other than the parent's own child.
4. We understand that if we feel our concern has still not been addressed, that we can ask to speak to the Director. We understand we should send an email to the Director and we will give the Director 48 hours to respond. In the event he or she is not out of town at a tournament. Please allow return time to schedule a meeting.
5. We understand that it is inappropriate for an athlete or parent to approach other No Limits Volleyball Club members about a problem the athlete or parent is having with a No Limits Volleyball Club coach, about objections to coaching decisions or about disagreements with administrative decisions. We understand asking uninvolved persons to take sides in an issue is unfair to the third party and to the club. We understand that if we are approached and asked to listen to or express an opinion about matters between two other parties in the club, that we are strongly encouraged to direct the complaining party to take the matter up with our daughter's coach or the No Limits Volleyball Club Director.
6. We understand that we are not to knowingly disseminate false information regarding No Limits Volleyball Club or its members to other No Limits Volleyball Club players, parents, coaches, officials and opponents.

7. Parents are allowed to attend practices, but must not coach, critique our daughter, her teammates or our daughter's coach at any time. We are to act as good ambassadors of No Limits Volleyball Club at all times.
8. We are to treat all of our daughter's teammates and coaches with the utmost respect and will show support for the entire team, not just our daughter.
9. We will remain in the spectator areas during all games.
10. We will not use foul or abusive language towards anyone at any practices, scrimmages or tournaments.

We understand that our failure to comply with any of the Zero Tolerance policies and procedures listed above will be deemed as being contrary to the positive development of No Limits Volleyball Club and will result in our daughter being dismissed from the club.